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In Pregnancy And  
Childbirth 2nd Edition

**Acupuncture In  
Pregnancy And  
Childbirth 2nd  
Edition**

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~~Debra Betts' Acupuncture in  
Pregnancy and Childbirth  
Acupuncture CEUs Online  
ProD Seminars Talk with  
Debra Betts about her work,  
resources, acupressure,  
acupuncture book on  
Pregnancy \u0026amp; birth~~

# File Type PDF Acupuncture In Pregnancy And

## **ACUPRESSURE To INDUCE LABOR + Relieving Pain During Labor NATURALLY**

---

Dr. Hamid Montakab, MD -  
From Conception to Birth:  
Acupuncture support during  
Pregnancy and Birth  
Acupuncture During Pregnancy

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Childbirth And Edition  
Inducing labor With  
Acupressure With Daniel  
Ryken And Chae Lim

Acupuncture Works During  
Pregnancy *HOW ACUPUNCTURE*  
*TREATMENTS CAN IMPROVE YOUR*  
*FERTILITY*

---

Week 32 Acupuncture and

*Page 8/101*



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~~Pregnancy Video~~ Dr Debra

~~Betts, Obstetrical~~

~~Acupuncture — AcuVlog~~

~~Interview pt1~~ The Mamamoon

Podcast Episode 2 -

Acupuncture for Pregnancy

and Birth **Acupressure \u0026**

**Acupuncture : Child Birth :**

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**Acupressure to Induce Labor  
Acupressure Points to Induce  
Labor/ Natural Labor**

**Induction: Leg and Foot**

**points** *Acupuncture at 40*

*weeks pregnancy to induce*

*labour* **MYTHBUSTERS: HOW TO**

**INDUCE LABOR NATURALLY**

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Acupressure for Childbirth  
*Fertility 101 - How To Aid  
Pregnancy Using An  
Acupuncture Ear Protocol  
Acupressure : Acupressure  
Points That Help to Start  
Labor Naturally Labor*

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*Childbirth 2nd Edition Points  
on the Low Back 5*

*Acupressure Points for  
Natural Pain Relief During  
Labor Acupuncture treatment  
for infertility Acupressure  
points for Labor \u0026*

*Delivery Is Acupuncture Safe*

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~~Childbirth 2nd Edition~~  
When Pregnant? Debra Betts  
answers questions about  
Obstetrical Acupuncture -  
Special AcuVlog #30

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Acupuncture, Pregnancy and  
Childbirth. ~~Favorite Holistic  
Pregnancy Resources //  
Laura's Natural Life~~

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~~(PREVIEW) From Conception  
to Birth: Acupuncture  
support during Pregnancy and  
Birth Acupuncture for  
infertility: 3 Month  
Fertility Challenge  
Naturally Inducing Labor: 3  
Acupressure points Ergil:~~

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~~Acupuncture During Labor~~

~~\u0026 Delivery~~ **Acupuncture**

**In Pregnancy And Childbirth**

Acupuncture in Pregnancy and  
Childbirth is a concise  
highly illustrated and  
practical guide to using  
acupuncture to treat women

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Childbirth 2nd Edition  
throughout their pregnancy  
and labour.

**Acupuncture in Pregnancy and  
Childbirth, 2e: Amazon.co.uk**

...

In pregnant women,  
acupuncture may help to



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relieve pain (e.g. back pain, labour pain), improve mood and reduce anxiety, alleviate dyspepsia, and turn a foetus who is breech by: increasing relaxation and reducing tension (Samuels 2008).

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## **Childbirth - Acupuncture**

Description. ACUPUNCTURE IN PREGNANCY AND CHILDBIRTH is a concise highly illustrated and practical guide to using acupuncture to treat women throughout their pregnancy

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Childbirth 2nd Edition  
Drawing on an unparalleled wealth of experience as a midwife and an acupuncturist, the author has produced a book accessible to both acupuncture students and practitioners covering

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physiology related to  
pregnancy and childbirth,  
illuminating links between  
Western knowledge and  
acupuncture approaches and  
suggesting ...

**Acupuncture in Pregnancy and**

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## Childbirth | ScienceDirect

Pregnancy and childbirth are pivotal events in a woman's life. Pregnancy can be both exciting and stressful. The body undergoes several changes during pregnancy. These changes can take a

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toll on the body. From  
fatigue to anxiety, several  
problems can arise during  
pregnancy. Acupuncture can  
be used to treat health  
problems during pregnancy.

## **The Benefits of Acupuncture**

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•••

Postural changes may cause backache, neck ache, headaches, sciatica, aching legs and undue fatigue.

Postural changes through the lower ribs and spine can

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impede the action of the diaphragm and ribs, which can make breathing difficult. Osteopathy and Acupuncture are useful treatments for the strains, aches and pains occurring during pregnancy.



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**Acupuncture during Pregnancy  
and childbirth | Denise  
Callaghan**

Acupuncture as a routine pre-  
birth treatment from 36  
weeks gestation has been  
shown to promote spontaneous

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labour around a woman's due date. Conditions in Pregnancy. These are some conditions that acupuncture routinely treats in pregnancy: Morning sickness; Heartburn; Anxiety and depression; Insomnia;

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Dizziness; Fatigue; Oedema;  
Constipation; Vaginal  
discharge

**Pregnancy and Childbirth -  
Eileen Lawless Acupuncture**  
Acupuncture in Pregnancy and  
Childbirth - West.

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Acupuncture in Pregnancy and  
Childbirth is a concise  
highly illustrated and  
practical guide to using  
acupuncture to treat women  
throughout their pregnancy  
and labour. Table of  
Contents. Western Medical

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Glossary 1. Planning for a  
healthy baby 2. Pregnancy 3.  
Nutrition in pregnancy 4.  
Antenatal care ...

## **Acupuncture in Pregnancy and Childbirth - West**

Acupuncture during pregnancy

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Childbirth 2nd Edition  
and as a preparation to  
childbirth Acupuncture  
treatment is a very  
effective way to maintain  
good health during your  
pregnancy; it is completely  
natural and can be used for  
most of the common

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Childbirth 2nd Edition  
Complaints that may arise at  
different stages of your  
pregnancy.

## **acupuncture for pregnancy and childbirth**

Acupuncture is very safe to  
have during pregnancy and is

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an effective option at a time when many women choose to avoid taking medicine and want their pregnancy to be as natural as possible. It is essential that you choose an acupuncturist who is trained and a member of a



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professional body such as  
the British Acupuncture  
Council .

**Pregnancy and childbirth -  
acupuncture with Rachal  
Buller ...**

Acupuncture can safely

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Childbirth 2nd Edition  
support and treat all stages of pregnancy and help achieve a natural childbirth along with your midwife or medical doctor. Acupuncture offers women a drug-free option for a variety of problems during pregnancy

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and childbirth that are often considered as things that must be endured such as sciatica, low back pain, morning sickness, fatigue.

**Pregnancy and Childbirth -  
Canmore Acupuncture**

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ACUPUNCTURE IN PREGNANCY AND  
CHILDBIRTH is a concise  
highly illustrated and  
practical guide to using  
acupuncture to treat women  
throughout their pregnancy  
and labour. Drawing on an  
unparalleled wealth of

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experience as a midwife and  
an acupuncturist, the author  
has produced a book  
accessible to both  
acupuncture students and  
practitioners ...

**[ PDF ] Acupuncture in**

*Page 37/101*

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## **Pregnancy and Childbirth ebook . . .**

Acupuncture, acupressure,  
cupping and moxa can be used  
to address a wide range of  
issues such as: • Nausea •  
Lower back pain and pelvic  
pain • Headaches and

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migraines • Heart burn/  
constipation /Haemorrhoids  
and varicosities. • Insomnia  
and sleep issues • Stress  
management • Labour  
preparation from ...

**Debra Betts - Acupuncture**

*Page 39/101*

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## **Pregnancy . . .**

Welcome to the Acupuncture  
Childbirth Team London  
website. Dedicated  
specialist acupuncturists  
committed to supporting you  
through your fertility, IVF,



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pregnancy, childbirth and  
postnatal journey. What the  
Acupuncture Childbirth Team  
offer We are happy that we  
are now able to take  
appointments for face-to-  
face acupuncture sessions.

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## | **Childbirth 2nd Edition**

Acupuncture can provide effective treatment for disorders such as pregnancy-induced hypertension and posterior presentation, and help induce labor, allowing women to achieve natural

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Childbirth. Each topic in  
The Essential Guide to  
Acupuncture in Pregnancy &  
Childbirth is presented from  
both a Western and  
traditional Chinese medical  
perspective.

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## **The Essential Guide to Acupuncture in Pregnancy ...**

Acupuncture has been used by pregnant women for different health complaints from morning sickness, low back and pelvic girdle pain, to relief of pain in labour or

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after Caesarean birth.

However, the effectiveness of acupuncture for many complaints is not clear due to limitations of the studies performed.

**Acupuncture during pregnancy**

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**- What is acupuncture | Emma**

...

An App and DVD/download featuring Debra Betts and Tom Kennedy is now available which demonstrates acupressure techniques for labour. Perfect for pregnant

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Childbirth 2nd Edition  
women and their partners, as well as health professionals working with pregnant women.

**Debra Betts - Acupuncture  
and Acupressure for  
Pregnancy ...**

Entry criteria: A recognised

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Chinese medicine acupuncture  
course of at least three  
year's duration. It is  
expected participants will  
be familiar with Debra's,  
Sarah's and Claudia's  
lectures on Pro-D and  
Debra's text book, The



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essential guide to  
acupuncture in pregnancy &  
childbirth. Hove, England:  
The Journal of Chinese  
Medicine Ltd

**Debra Betts - Acupuncture  
and Acupressure for**

*Page 49/101*

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Acupuncture can be used as a support for all stages of IUI, IVF and ICSI treatment. Among other things, it could help minimize side effects of drugs, such as nausea. The Acupuncture for

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Childbirth 2nd Edition can offer a pre and post embryo transfer treatment at a set fee.

## **Acupuncture for Childbirth Team**

Explore celebrity trends and tips on fashion, style,

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Childbirth 2nd Edition  
beauty, diets, health,  
relationships and more.

Never miss a beat with  
MailOnline's latest news for  
women.

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ACUPUNCTURE IN PREGNANCY AND  
CHILDBIRTH is a concise  
highly illustrated and  
practical guide to using  
acupuncture to treat women  
throughout their pregnancy  
and labour. Drawing on an  
unparalleled wealth of

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experience as a midwife and  
an acupuncturist, the author  
has produced a book  
accessible to both  
acupuncture students and  
practitioners covering  
physiology related to  
pregnancy and childbirth,

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illuminating links between  
Western knowledge and  
acupuncture approaches and  
suggesting points and point  
combinations for particular  
stages and actions during  
pregnancy and labour. Highly  
illustrated with summary

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boxes and guidelines Covers  
nutritional aspects of  
pregnancy Gives practical  
advice and instruction on  
the use of acupuncture  
through the four trimesters  
of pregnancy and labour Uses  
case examples to further



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illustrate the text Covers  
recent advances in relation  
to the effects of aspirin  
and heparin to the immune  
system and pregnancy  
Includes IVF pregnancies  
Glossary and appendix of  
useful addresses Fully

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updated and revised  
throughout to include recent  
research Nutrition and its  
effect on the foetus (new  
and developing area of  
research)

"Acupuncture in Pregnancy

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and Childbirth" is a

concise, highly illustrated  
and practical guide in using  
acupuncture to treat women  
throughout their pregnancy  
and labour. Drawing on an  
unparalleled wealth of  
experience as a midwife and

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an acupuncturist, the author has produced a book accessible to both acupuncture students and practitioners. It covers physiology related to pregnancy and childbirth, illuminating links between

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western knowledge and  
acupuncture approaches and  
suggesting points and point  
combinations for particular  
stages and actions during  
pregnancy and labour. Many  
practitioners are reluctant  
to treat pregnant women as

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they feel they lack a full understanding of pregnancy and fear harming the baby. This book provides the practical advice and instruction required to bridge that gap in knowledge and give practitioners the

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confidence they need.

For acupuncturists and birth professionals, this engaging book explains how yin/yang and other principles of

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Chinese medicine can improve birth experiences and outcomes. It includes information on what happens before, during and after birth from both a biomedical and Chinese medical perspective, and a toolkit



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of treatment strategies for  
childbirth 2nd Edition  
birth work.

More and more health care  
professionals in obstetrics  
and gynecology are turning  
to complementary medicine to  
enhance their patients'

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Childbirth 2nd Edition. With  
comfort and wellness. With  
an emphasis on medical  
acupuncture, this book  
offers busy practitioners an  
accessible guide to the  
myriad ways in which these  
time-tested methods can both  
enhance and ease a pregnant

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woman's experience – before, during, and after delivery. Medical Acupuncture in Pregnancy begins with a concise, yet thorough review of basic TCM principles and proceeds to cover treatments for hyperemesis, preterm

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labor, preeclampsia,  
dysfunctional labor,  
postpartum depression,  
dysmenorrhoe, migraine,  
infections and more! Whether  
as an introduction to the  
topic or as a handy clinical  
reference, this text is

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essential for obstetricians,  
gynecologists, midwives,  
acupuncturists, and nurses  
who want to optimize patient  
care options with Chinese  
medicine. Special features:  
High-quality illustrations  
showing the precise location

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of childbirth 2nd Edition

Detailed descriptions and diagrams of needling depth and direction Treatment rules and therapeutic guidelines Easy-to-access format for quick reference in a clinical setting A

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introduction to Qi gong  
Supplemental information on  
Chinese dietetics

Supporting a Physiologic  
Approach to Pregnancy and  
Birth: A Practical Guide

*Page 71/101*

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Childbirth 2nd Edition  
provides an overview of  
current evidence and a range  
of practical suggestions to  
promote physiologic birth  
within the United States  
healthcare system.

Presenting the latest  
evidence available on



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practical approaches and minimal interventions, this book looks into clinic exam rooms and hospital labor units to investigate the possibilities for improving the pregnancy and labor experience. Contributors

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Childbirth 2nd Edition  
discuss recent research and  
other published information  
and present a range of  
ideas, tools, and solutions  
for maternity care  
clinicians, including  
midwives, nurses,  
physicians, and other

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members of the perinatal  
team. An invaluable  
resource, Supporting a  
Physiologic Approach to  
Pregnancy and Birth is a  
must-have practical guide  
for those involved in all  
aspects of pregnancy and

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Debra Betts has taught acupressure to promote a better birth experience to midwives, practitioners and pregnant women for many years. Now—at last—this

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professionally produced DVD  
and accompanying booklet  
offers a detailed  
explanation, fully  
demonstrated, of the  
techniques involved. Ideal  
for practitioners of  
acupuncture, acupressure,

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Childbirth 2nd Edition, shiatsu and massage, doulas, birth helpers and pregnant women, the DVD includes testimonials from women and their partners who have used the techniques during labour. There is also a 16-page printed booklet that

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sits in the DVD pack with  
illustrated reminders of the  
points and their  
application.

New edition of the most  
comprehensive Chinese  
Medicine Obstetrics and

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Gynecology textbook in the English language World-renowned author and teacher Giovanni Maciocia gives a clear, detailed explanation of the physiology, pathology and aetiology of women's disorders in Traditional



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Chinese Medicine (TCM) and  
adapts these to Western  
conditions and patients.  
Seventy gynecological  
conditions are discussed in  
detail with consideration  
given to differentiation  
between conditions, the

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advised treatment using

acupuncture and herbs,  
prevention and prognosis.

Guidelines on lifestyle and  
use of the eight

Extraordinary Vessels are  
provided, with case studies  
allowing easy application of

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theory to practice  
throughout. New for this  
edition: New attractive two-  
colour layout with book  
marks to ease navigation  
Endometriosis and its  
treatment now included and  
fully covered in a new

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chapter Infertility chapter  
includes recent research  
highlighting factors in  
infertility All  
prescriptions now removed  
from the text and  
attractively presented in  
three appendices: Patient

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Remedies, Prescriptions and  
Three Treasure Remedies

"Obstetrics and Gynecology  
in Chinese Medicine is a  
paradigmatic work. It is  
tempered with reverence and  
innovation, meticulous  
archival attention and

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detailed modern clinical  
insight. When future  
generations look back at  
this work...they will find  
not only knowledge and  
wisdom but also reasons for  
inspiration and awe." From  
the Foreword to the first

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edition by Ted J. Kaptchuk,  
Associate Director, Centre  
for Alternative Medicine  
Research, Beth Israel  
Hospital; Instructor in  
Medicine, Harvard medical  
School, Boston, USA. •

Physiology and pathology of

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© Childbirth 2nd Edition  
women's disorders in Chinese  
medicine • Aetiology and  
diagnosis of women's  
disorders • Differentiation  
and treatment - including  
acupuncture, herbs and  
patent remedies - of 64  
gynecological conditions •



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Prevention and prognosis for  
each disease • Approximately  
100 case histories from the  
author's own practice • A  
detailed discussion of the  
use of the eight  
extraordinary vessels in  
gynecology

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Holistic pregnancy and childbirth. Your month-by-month guide to the latest therapies, techniques, and natural approaches. For the most rewarding path to a comfortable pregnancy, a

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shorter labor, and the joyful delivery of a healthy baby, turn to this wise and warm compendium of proven holistic advice. Approved by an advisory board of leaders in obstetrics and holistic medicine, this comprehensive

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book helps you make the birthing experience the most fulfilling and beautiful of your life. Let the journey begin. Monitor your physical changes and your baby's. Decide where you want to have your baby. Choose a

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holistic caregiver and  
prepare a birth plan. Design  
your optimum diet and  
personal exercise program.  
Discover today s holistic  
techniques for bonding,  
postpartum recovery, breast-  
feeding, and much more,

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including: \* Acupuncture and  
acupressure aromatherapy  
Ayurvedic medicine \* Bach  
flower remedies breathing  
techniques botanical  
medicine \* Chiropractic diet  
and nutrition exercise  
homeopathy \* Hydrotherapy

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hypnosis intimacy exercises  
massage \* Meditation  
osteopathy qigong  
traditional Chinese medicine  
\* Vitamin and mineral  
therapies yoga

Your Science-Based Prenatal

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Nutrition Resource for  
Childbirth 2nd Edition

Improved Pregnancy

HealthEver wish there was a comprehensive prenatal nutrition resource backed by science to help women have healthier pregnancies and better birth experiences?



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Functional Maternity is the book you've been looking for. Maternity functional medicine practitioner Sarah Thompson, CFMP, L.Ac, Doula, has culled the most relevant scientific research and guides readers through the

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dramatic and unique changes of pregnancy to understand how the right nutrition can improve pregnancy and childbirth outcomes. Whether you are a seasoned health practitioner, birth worker, or expectant mother, you'll

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Learn how to: Use nutrition  
and diet to increase natural  
birth success Recognize  
unique patterns of maternal  
health and understand the  
effects nutrition has on the  
increased risk of pregnancy-  
related complications Create

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dietary protocols for  
gestational hypertension,  
pregnancy nausea, and many  
other common conditions of  
pregnancyConfidently guide  
others through their  
pregnancy journey with  
research-backed nutrition

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advicePractice on the  
cutting edge of advanced  
specialized functional  
medicineAnd so much more ...

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