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the knowledge you need to face every challenge you confront. Offers practical, clinically relevant material for the diagnosis and treatment of musculoskeletal conditions. Discusses physical agents and therapeutic exercise in the prevention, diagnosis, treatment and rehabilitation of disorders that produce pain, impairment, and disability. Presents a consistent chapter organization that delivers all the content you need in a logical, practical manner. Presents a new co-editor, Thomas D. Rizzo, Jr., MD, and a pool of talented contributors who bring you fresh approaches to physical medicine and rehabilitation. Offers current evidence and expert guidance to help you make more accurate diagnoses and chose the best treatment option for each patient. Features an entirely new section on pain management so you can help your patients reach their full recovery potential. Incorporates redrawn artwork that makes every concept and technique easier to grasp.

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Includes updated ICD-9 codes giving you complete information for each disorder.

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essential topic in the field. Presents each topic in a consistent, quick-reference format that includes a description of the condition, discussion of symptoms, examination findings, functional limitations, and diagnostic testing. An extensive treatment section covers initial therapies, rehabilitation interventions, procedures, and surgery. Contains new technology sections in every treatment area where recently developed technologies or devices have been added to the therapeutic and rehabilitation strategies, including robotic exoskeletons, wearable sensors, and more. Provides extensive coverage of hot topics in regenerative medicine, such as stem cells and platelet rich plasma (PRP), as well as a new chapter on abdominal wall pain. Delivers the knowledge and insights of several new, expert authors for innovative perspectives in challenging areas. Offers a clinically-focused, affordable, and focused reference for busy clinicians, as well as

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residents in need of a more accessible and targeted resource.

Comprehensive and concise review of the essential facts needed to do a successful clinical rotation in physical medicine and rehabilitation (PM&R). Writing to be quickly read and comprehended, the authors spell out the implications of brain injury, the effects of spinal cord injury, the uses of orthotics and prosthetics, and the crucial importance of cardiac and pulmonary rehabilitation to maximize functional independence. Additional chapters detail the principles of pediatric, neuromuscular, cancer, and orthopedic rehabilitation, and demonstrate the use of electrodiagnostic techniques that can be used to help localize a lesion of the neuromuscular system and determine its

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severity, time course, and prognosis. The book also provides a handy review for passing PM&R board exams.

This comprehensive review presents over 700 multiple-choice questions and answers covering the full-range of physical medicine and rehabilitation. It goes beyond standard review texts in providing detailed explanations of the answers with many accompanying illustrations. Can be used as a companion to the text Essentials of Physical Medicine and Rehabilitation, or independently as a review for exams.

This book on physical medicine and rehabilitation deals with the study and practice of enhancing and improving functional ability of those who suffer from physical impairments and disabilities. The various

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branches that fall under rehabilitation medicine are pain medicine, neuromuscular medicine, spinal cord injury medicine, sports medicine, etc. This book talks about physical and rehabilitation medicine in detail and provides knowledgeable insights about the varied branches that fall under this category. It explores all the important aspects of rehabilitation medicine in the present day scenario. For all readers who are interested in this subject, the case studies included in this text will serve as an excellent guide to develop a comprehensive understanding.

This compact text is designed to be a practical, concise guide for clinicians involved in the care of patients with spinal cord injuries and disorders. It covers a comprehensive and diverse list of topics relating to the principles and practice of spinal cord injury care including basic

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science fundamentals, traumatic spinal cord injury, non-traumatic myelopathies, physical function and rehabilitation, medical consequences and complications of spinal cord injury, psychosocial and quality of life issues, and systems-based practice. Each chapter will follow a set format and review underlying pathophysiology and etiology, assessment (examination, testing, differential diagnosis, prognosis, risk factors), management (non-pharmacological, medications, surgical procedures, follow-up and monitoring, primary and secondary prevention, complications, practice pearls) and conclude with a brief summary of recent clinical advances/promising research. Dr. Sabharwal plans to write many of the chapters himself and enlist a small number of expert contributors from leading centers to ensure uniformity of style but diversity of experience.

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Physical Medicine and Rehabilitation Pocket Companion is designed to meet the day-to-day needs of PM&R residents, practicing physiatrists, and physicians in other specialties seeing rehabilitation patients. Focused solely on clinical care delivery, this handy reference provides the tools necessary to navigate everything from PM&R team coordination to the tailoring of medical management to achieve functional goals. Divided into four sections, the book covers all rehabilitation topics and is packed with practical information useful in daily practice, including disease-specific order sets and tips for managing the wide range of issues that commonly occur during a patient's rehabilitation. The first section introduces the field of rehabilitation medicine, the second reviews the scope of practice of allied health professionals on the rehabilitation team, the third section discusses rehabilitation topics and practice areas, and the fourth is an

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extensive Appendix of 24 assessment and rating scales, tables, and algorithms, essential for daily clinical use. Physical Medicine and Rehabilitation Pocket Companion is an indispensable resource that belongs in every white coat pocket. Features of Physical Medicine and Rehabilitation Pocket Companion Include: Conciseness and Clinical Orientation: Presents only the key information needed for optimal case management Comprehensive coverage: All major topics in the field of PM&R are represented Consistent approach: Brief text and bulleted format makes information easy to find Order sets provided for most areas to drive clinical care Medication specifics: Covers medications with specific dosages Appendix collects key scales, tables, and algorithms for immediate access

Improve your understanding of the cardiopulmonary system with

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Essentials of Cardiopulmonary Physical Therapy, 4th Edition. Based on best practices prescribed in The Guide to Physical Therapist Practice, this new edition provides comprehensive coverage of anatomy, physiology, and cardiopulmonary assessment, along with expanded chapters on the growing topics of early mobilization of the ICU patient and acute care management. Using a practical approach, expert author Ellen Hillegass also discusses pathophysiology, pharmacology, and interventions in the outpatient setting. Evidence-based content reflects the latest research in the field and incorporates the use of ICF. Material uses best practices defined by the American Physical Therapy Association. Clinical tips give you real-world hints and suggestions from practicing clinicians. NEW! Expanded chapters cover early mobilization of the ICU patient and acute care management. NEW! Updated references emphasize evidence-based

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" Doody's Core Title 2013! ""This book does an excellent job and is currently the only known review book for physiatrists. The author has done it again, producing an excellent, concise resource that provides clinicians with an optimal solution for studying for the written board examination."" --Doodys Reviews This third edition of the incomparable review bible for the Physical Medicine and Rehabilitation Board Examination has been completely updated to reflect current practice and the core knowledge tested on the exam. Known for its organization, consistency, and clarity, the book distills the essentials and provides focused reviews of all major topics. Coverage is expanded in the third edition to include dedicated sections on pain management, medical ethics, and ultrasound that reflect new

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board requirements. Written in outline format for readability and easy access to information, content is modeled after the topic selection of the AAPMR Self-Directed Medical Knowledge Program used by residents nationwide. To aid in information retention, " Pearls " are designated with an open-book icon to highlight key concepts and stress clinical and board-eligible aspects of each topic. The text is divided into major subspecialty areas written by authors with clinical expertise in each subject area, and content is reviewed by senior specialists to ensure the utmost accuracy. More than 500 high-quality illustrations clarify and reinforce concepts. The book also provides updated epidemiologic and statistical data throughout and includes a section on biostatistics in physical medicine and rehabilitation. In addition to its proven value as a resource for exam preparation, the book is also a must-have for practicing physiatrists seeking

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recertification, and for PM&R instructors helping trainees to prepare for the exam. New to the Third Edition: Thoroughly reviewed, revised, and updated to reflect current practice and core knowledge tested on Boards Improved organization, clarity, and consistency Presents new chapters/sections on pain management, medical ethics, and ultrasound Key Features: Board "Pearls" are highlighted with an open-book icon throughout the text to flag key concepts and stress high-yield aspects of each topic Models the table of contents after the topic selection of the AAPMR Self-Directed Medical Knowledge Program used by residents nationwide Authored by physicians with special interest and clinical expertise in their respective areas and reviewed by senior specialists in those areas Organizes information in outline format and by topic for easy reference Includes over 500 illustrations to clarify concepts Provides updated epidemiologic and statistical data throughout

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Contains a section on biostatistics in physical medicine & rehabilitation Praise for the First Edition: " ... there is no other comparable text in PM&R. The key resource for facts needed to pass boards and useful for those in clinical practice for day to day use as well. - -Doody's Reviews ""I congratulate the editors and authors for coming up with such incredible and concise work...I think that this book is a must for all residents undergoing training in the field of Physical Medicine and Rehabilitation."" -Saudi Medical Journal ""Over the years many residents have confronted the problem of what to study for the boards...This elegant volume will finally fulfill this critical void"" - From the foreword by Ernest W. Johnson, M.D. "

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