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snatch and the clean and jerk. The snatch is a wide-grip, one-move lift. The clean and jerk is a close-grip, two-move lift.

Olympic weightlifting - Wikipedia

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The Olympic weightlifting programme has evolved greatly over time. Today, weightlifters compete in snatch and clean and jerk, and are placed according to their total combined result. From the 2000 Olympic Games in Sydney, men have competed in eight weight categories and women in seven. This total of 15 events

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